

# Center for Developmentally Disabled





#### Who We Are:

CDD is a private, not-for-profit corporation founded in 1972. CDD provides residential care services and day habilitation to adults with developmental disabilities in the greater Kansas City, MO area. Accredited by CARF, CDD maintains national quality of service standards for our housing and community placement options and opportunities.

### Our Mission:

To support persons with disabilities in achieving their fullest potential.

### Our Vision:

Individuals with disabilities are connected to their communities, benefit from the highest standard of sustainable quality supports, and are living their best lives.

### Our Values:

- Each person is unique and their personal journey should be respected and supported.
- With encouragement and assistance, everyone can make lifestyle choices.
- Each person has the right to be treated with kindness and respect and freedom from intimidation.
- Lives are enriched through social relationships, community involvement, and access to comfortable and safe residential (and enrichment) opportunities.
- Everyone has the means to express themselves, to communicate, to interact, and to develop relationships resulting in a positive self-image.

#### **Letter From Our President and CEO**



As I look back on this past year and the challenges we have endured, I am grateful for the commitment demonstrated at all levels of this organization. As tiring as it may be to hear, we are in fact living through unprecedented times. I have seen extraordinary dedication, compassion, and love from all of our team members through it all. This past year has shown the importance of working together more than ever. I'll be brutally honest-I have lost more sleep worrying about the nearly 500 individuals and employees this past year than any other year in my time at CDD. But I drew comfort from what I saw: people stepping up and stepping in to ensure we helped each other get through one of the most difficult times in our history, both as a nation and an organization.

It has been amazing and humbling to see the understanding of the families of those we care for show generosity, understanding, and compassion when we needed it the most. The individuals we support have also been incredibly strong during this time. While they do not like staying home from their day programs and work, they know that it must be done. With the recognition that something is not as it should be, they have decided that "I'll hang right here, thank you very much!"

I need not remind you how difficult this past year and a half has been, and to describe everything that has happened cannot be done with any real justice. It is too vast, and too ever-changing to truly capture it all. And, frankly, there isn't enough room on this page to list it. In the beginning of this pandemic, we went from 8-hour shifts to 12-hour and live-in shifts in a matter of days for over 50 locations. There was still so little known about COVID-19 in March, but we adjusted service delivery so that our individuals had the least amount of exposure as possible. We thought this would be needed for a couple of weeks at most and then we would return to "normal." Little did we know then how this would stretch out, and stretch our teams in turn. This went on for months, and while it protected our individuals, it wore our team members out. Since the beginning of this pandemic, when a person or persons have tested positive for COVID-19, we have had Direct Support Professionals (DSPs) step up and suit up. They donned their PPE and did whatever it took to make sure the fewest number of people were exposed. We have had DSPs

move into our homes, we have had DSPs take care of individuals in hotel rooms and Airbnb's for weeks at a time. The DSPs who "ride this out" with the individuals are amazing. Many of our employees gave up time with their own families to care for their "CDD family." I cannot overstate how grateful I am to all of our program staff and their commitment to our individuals in the face of unimaginable obstacles.

I would also like to take a moment to thank CDD's Board of Directors who supported us purchasing a new home, Thompson House, to help better care for individuals who are COVID positive. Thompson House is named after one of our staff, Johnny Thompson, who went missing in July of 2018.

I would be remiss to not also thank all of the generous donors who helped us weather this difficult time. While CDD was not able to have the kind of fundraising events we had hoped this past year, many of you were still so gracious and giving. Our expenses soared this year while our revenue did not, which could have proved disastrous. Yet we were able to stay afloat thanks in large part to your donations. They have helped us immeasurably through this crisis. Thank you! Thank you for riding this ride with us. We needed our supporters cheering us on like never before.

This past year has given me a deeper appreciation for our employees and a deeper commitment to our individuals. While my (gray) hair may need more coloring, my heart is inspired and so, so grateful. As we continue through this pandemic journey together, there is, at last, a light at the end of the tunnel. The vaccine is here and CDD hosted three clinics to help inoculate both our staff and the individuals we serve. We pray this is the help we need that will allow us to move closer to a more familiar routine. Getting our individuals safely back into our community will be a step forward in that direction. It will likely be a new normal for us all, but I am confident that we can navigate it the same way we always have: together.

Best Regards, Sarah Mudd, President/CEO

# **Our Services and Programs**



#### **Supported Living:**

Independent Supported Living (ISL's) services support individuals age 16 and over, who may choose to continue living in the family home, or independently in the community using paid supports to augment available natural and generic community supports. ISL's are good for individuals who can live independently with limited supports. ISL's support an individuals right to choose where and with whom they want to live, participation in chosen activities, and engagement with the community.



#### PALS University:

Day Habilitation provides individualized day activities that support the participant's definition of a meaningful day. Participants are given the opportunity to be involved in community living skills such as shopping, recreation and socialization skills. Daytime activities are also provided to participants.



#### **Group Living:**

Group home living provides 24 hour personal care and habilitation for adults with developmental disabilities in order to help them develop self-help skills, gain work experience, and participate in community activities.



#### **Community Integration:**

Community Integration is the opportunity to participate within the community, and be valued for the unique sklls and abilities that make you who you are. CDD's community integration clients determine their definition of a meaningful day, centering their community activities and outings around the things that they enjoy.



#### Respite:

CDD offers respite to individuals needing temporary care. Respite provides all supports offered in CDD's Residential Service homes and is available for up to 60 days per year for an individual.



#### Befriending:

Friending pairs are able to choose how they spend their time together. Through mutual interests, learning new skills and trying new things, lives are enhanced and positive relationships are built.

# **2020-2021 Financials**

Support	2020	2021
Fees from government agencies	\$13,885,476	\$13,561,709
Contributions and grants	\$571,563	\$1,108,935
HUD Subsidies	\$303,878	\$288,500
Investments	\$42,443	\$313,654
Rental income	\$159,526	\$162,318
Other	\$305,195	\$221,077
Total	\$15,268,081	\$15,656,193

Expenses	2020	2021
Programs	\$12,969,827	\$14,439,338
General, administrative, & misc	\$1,251,236	\$1,400,856
Fundraising <b>Total</b>	\$100,264 <b>\$14,321,327</b>	\$215,337 <b>\$16,055,531</b>

# 2020-2021 Highlights











Held COVID-19 drive through testing and vaccine clinics



Purchased Thompson House to separate Covid-19 positive individuals



Increased RN positions from 2 to 4 with a Director of Nursing



Added Quality, Compliance, and Training positions



Began using Station MD to provide non-contact medical oversight



Had a client-focused risk assessment by a third party



The staff found new and creative ways to implement client-specific goals



Participated in KC Games for Good



Held a Trunk or Treat event, Spa Day, and several at home Scavenger Hunts



Honored our Direct Support Professionals by hosting a Dine and Dash



Held a competition for Direct Support Professionals to complete daily shift notes with amazing prizes given away



Engaged with Abundant Life Church to offer volunteer opportunities



Received large donation of pork that was given to individuals and staff



Received countless homemade masks at a time when masks were hard to come by



Direct Support Professional, Hubner Soivilien and a client, Harry P. were featured in music video by award- winning country singer, Trisha Yearwood

# 2020-2021 Board of Directors



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